

# What is Cryoskin?

Cryoskin is a state-of-the-art device from Italy, which uses heat and cold to reduce fat and tone/tighten the skin.

The technology is applied using either a massage or hands-free technique, which is painless and non-invasive.

No suction, no surgery.  
Just incredible results.

In a Cryoskin clinical study,

**87.5%** Experienced an improvement in body shape.

**100%** Showed improvement in toning, firmness, and smoothness.

**88%** Reported they would engage in regular treatments.



# FAQs

## How long are Cryoskin treatments?

The treatment lasts 20-44 minutes depending on the desired area and treatment type.

## How often can I get treatments?

CryoSlimming® treatments can be performed once every 14 days and CryoToning®/CryoFacial treatments can be performed every 3-7 days.

## How quickly will I see results?

Results are typically visible after the first 5 treatments - however some can see results immediately. Results continue to improve for 48 hours after the treatment.

## How long will results last?

Results will depend on the individual and their lifestyle. CryoSlimming® is permanent with a healthy diet and lifestyle. CryoToning® and CryoFacials require maintenance treatments.

## What should I do pre/post treatment?

Avoid working out 2 hours pre-treatment. Avoid carbs/sugars for a minimum of 2 hours before and after the treatment. Drink 1.5L of water for 14 days following the treatment.

# CRYOSKIN

Non-invasive,  
body contouring device  
to slim, tone, and lift.



**BOOK YOUR  
CONSULTATION TODAY!**

# The Science

Cryoskin works by triggering apoptosis: a natural process of programmed cell death. This process is triggered by the cold temperature of the Cryoskin wand to decrease fat, as well as reduce the appearance of cellulite and improve the quality of your skin.



## Why use Cryoskin?

***Cryoskin helps you look and feel your best!***

Cryoskin can be tailored to your body shape to help you create the body you want.

We recommend starting with a consultation to determine the best treatments for you.

Depending on what you want to achieve, Cryoskin has 3 treatment types.

### ***Slim.*** Looking to decrease fat?

CryoSlimming® first uses heat and then cold temperatures to decrease fat, which is flushed out by the lymphatic system over 14 days.

Whether you're looking to reduce fat on your stomach, thighs, arms, or back this is the solution for you. For best results, we recommend a package of treatments and to maintain a healthy lifestyle.



### ***Tone.*** Looking to smooth skin?

CryoToning® uses cold temperatures to stimulate collagen production, which decreases the appearance of cellulite and smooths skin. Shape those tough areas that diet and exercise just can't reach.



### ***Face.*** Looking to reduce wrinkles?

CryoFacial uses cold temperatures on the face to stimulate collagen, which reduces the appearance of fine lines and wrinkles, and improves skin elasticity.

