

# healing properties associated with color



warmth • energy • stimulation • cardiovascular  
blood pressure • circulation • passion  
muscle health • collagen production



cheerfulness • skin radiance • creativity  
productivity • pleasure • optimism • muscles  
lungs • respiration • digestion • thyroid



strengthens nerves • awaken inspiration  
healing tissue • nerves • energizes  
stomach • liver • intestines • thyroid • pores



balance • harmony • stimulates growth  
healing • heart • blood pressure • digestion  
purifies • cleanses • immunity • kidneys



cooling • inflammation • fever • hypertension  
headache • calming • tranquility • suffering  
anti-stress • communication • throat



purifies • mental health • freeing • cooling  
pineal gland • physical perception  
eyes • ears • ocular fatigue



transformation • uplifting • addiction  
renewal • stimulates spleen • immunity  
sleep • stress • pain • detoxification

*schedule an appointment*



live in wellness

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